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### **Packing List:**

It will not be long now until we are rafting down one of the world's mightiest rivers. Though it will be the height of summer in Chile, we need to be prepared for inclement weather. The "Fu" is located in a region of extreme possibilities. We expect warm sunny days, and cool, clear nights. Unfortunately, Mother Nature does not always cooperate and rain, even snow, is not unheard of in the Andes — even in the summertime. The following is a descriptive packing list. Of course there are variations on each of these suggestions, but this should give you a good idea of what you should pack. Please see our "links page" on our website for ordering any clothing online. *We suggest you pack your gear in a duffel bag or a backpack.* There is a weight limit on the Puerto Montt/Chaitén charter flight of 35 pounds per bag, two-bag limit. If you are in Chile for an extended time and have extra bags, you can leave them at the Hotel Bellavista in Puerta Varas.

### **River Attire:**

- One pair of river shorts.** (River shorts are quick drying, durable and multi-purpose.)
- We do supply **wetsuits and drysuits**, but if you have and prefer your own, feel free to bring it along.
- Paddle Jacket.** We will supply you with one, but if you prefer your own, please bring it.
- Polypropylene long sleeve shirt**, or some type of synthetic sweater or underwear to wear underneath to paddle jacket. The paddle jacket alone will not work well without something underneath.
- Polypro long underwear**, A must! These will keep you warm when they get wet, and they dry very quickly.
- River footwear.** Check out the line of toe-protected river footwear. Tevas, Alps, Chacos, Keens, or tennis sneakers with wool socks work well to keep your feet warm (wetsuit booties also work well).
- 1 hat, visor or large brimmed sombrero**, with a string. (olé!!)
- Sunglasses with securing straps.** Chums or Croakies.

### **Camp Gear:**

- Rain Gear.** The Futa region is famous for occasional intense rainstorms. Please be prepared with rain gear, such as a Gortex jacket or even one of those inexpensive yellow rain ponchos you wore as a kid.
- Wool or fleece sweater.**
- Wool or fleece hat.** You can also buy locally made wool goods near our camp.
- Wool socks.** Two pairs, so you'll always have a dry pair to put on — a luxury!
- Daypack or fannypack.**
- Water Bottle.**
- Hiking Boots or Walking Shoes.** You don't need anything special; comfort is key. If you buy new boots, be sure to break them in before the trip (very important!). There are great running trails around the camp, so bring the sneaks if you're a runner.
- Hiking Shorts with pockets and a belt.**
- Toiletry kit.** shampoo, soap, toothbrush, lotion, bug repellent, medications, etc.
- Flashlight and or headlamp**, extra batteries.
- Sleeping bag.** A 30-degree bag is warm enough. A down bag is light and compact, but one must be very careful to keep them dry. Synthetic bags are preferable in that respect.
- We will supply you with a **tent**, which you will share with a "tent mate". (If you prefer to bring your own tent, please let us know.)
- Camera.** A waterproof camera is nice to have to take pictures from the raft. At all major rapids, we will stop and there will be time to shoot the rapids from the shore. We will bring along waterproof cases and bags to keep cameras dry.
- Lotion and sunscreen.** Not much Ozone left in the southern hemisphere!

- Book.** There is plenty of time for rest and relaxation, so bring along a book or journal.
- A favorite poem** to share around the campfire is also welcome.
- One sweatshirt.**
- Two tee shirts.**
- One pair of lightweight nylon or cotton baggy pants.** Only a suggestion, but they are comfortable to wear around camp after a long day of rafting.
- One nice pair of pants or summer dress** for restaurants in Puerto Varas.
- Bathing Suit.**
- Towel.**
- Songs, mirth and merriment,** small musical instruments, etc.

The Futalufú is a difficult area to pack for. The bottom line is that you need to be prepared for any and all types of weather. The rain gear is very important!

### **Adventurer Pre-departure Checklist:**

Please keep this sheet handy and check off each item when completed.

- Passport, money, credit cards and valuable documents. Keep these close to your body in a well concealed place.
- Make photocopies of plane tickets, credit cards, traveler's check receipts and passport.
- Make sure you carry on essentials that you cannot live without. Don't check them!
- Medications and prescriptions (keep in your carry-on luggage).
- Eyeglasses and contacts (keep in your carry-on luggage).
- Reading material for the flight, and relaxing in Chile.
- Reconfirm flights 72 hours in advance.
- Make sure you have a ride to the airport.
- Leave Bio Bio Expeditions contact phone numbers with a responsible person.
- Fill out and send in your \* Travelex travel insurance \*. (important)
- Find a nice someone to water your plants, feed your dog, and pet your cat.
- Do not forget to tell work you will be gone a few days!
- Spending money: you will need to have money available for the following:
  - 1) Spending money for gifts and souvenirs and massages at our camps.
  - 2) Tipping money. Your river guide will accept gratuity for providing good service! Tipping is up to the individual client, but a typical ballpark figure is 10-15% of your trip cost.
  - 3) \$100 USD entrance fee (clean, crisp bills; cash only).

Please get to airport at least 2 hours before any International flight! We look forward to seeing you in Chile!