



Rafters enjoy Colorado River white water in Cataract Canyon

Rafting Utah's Canyonlands: Cataract Canyon July 18-22, 2006 with Sheri Griffith Expeditions

The greatest of the western rivers is the incredible Colorado, and few rivers match it for scenery, geology, archaeology, history and wildlife. Raft your way down the Colorado, deep into the heart of Utah's Canyonlands National Park, through the legendary waters of Cataract Canyon. Join Sheri Griffith Expeditions on this journey through 300 million years of geologic history, abstract sculpted sandstone spires, and ancient Anasazi rock art. Surrounded by spectacular rock formations with the look of the Grand Canyon, this river section is the perfect balance between serene floating, incredible hiking, and fast-moving rapids.

GUIDES

Guides from Sheri Griffith Expeditions are professional, exceptional people with outstanding talents, and are eager to share their knowledge, experiences and enjoyment of life in the outdoors. They continually strive to perfect their understanding of wilderness and its secrets. There is a guide for every five people to provide personal attention throughout every aspect of the trip.

All guides are licensed. Some have degrees in geology or natural history, and all take continuing education courses in natural and human history and science. Be assured that they all have comprehensive outdoor skills, a strong commitment to the environment, impressive leadership skills and a sharp sense of responsibility.

Safety is our company's number one priority, so we require extensive training including Red Cross First Aid and CPR certification, safety in and out of the river and River Rescue training. Our 35-year excellent record is the result of this thorough guide training.

A Nature Conservancy representative will accompany the trip to inform participants about the activities in the region and the native plants and animals you are helping to protect.

A TYPICAL DAY ON THE RIVER

The first morning we meet at our river complex in Moab, Utah. After a short drive to the river launch site, we'll load gear on the rafts, get fitted for life jackets and have a safety discussion before we begin our journey. Once on the river the days are set at a leisurely pace, allowing us to slow down to a peaceful rhythm, moving with the flow of the water. A few days in these more remote canyons rejuvenates your mind and spirit.

Each morning freshly brewed coffee, teas and juices are available early, followed by a hearty western breakfast. We are usually on the river by 10:00 am for a great day of adventure and discovery. We may take a mid-day hike after a fresh buffet lunch or enjoy an impromptu history discussion sparked by seeing an Anasazi granary tucked up high in the canyon wall. Camp is selected from riverside beaches by about 4:00 pm, allowing time to hike to historical or archaeological sites, raid the well-stocked library on the raft or maybe just relax by the river after





setting up tents. Tasty hors d'oeuvres are followed by a freshly prepared dinner. Evenings are for conversations and star gazing.

Midway through the trip there is one day of exciting and challenging whitewater rapids, followed by more of serene floating. The last day we'll motor out of the canyon and onto the edge of Lake Powell and climb aboard a small charter aircraft for a spectacular flight over Canyonlands National Park.

MEALS

A sample dinner might begin with hummus and chips as appetizers, followed by grilled steak or chicken, Spanish mashed potatoes, tossed green salad with assorted dressings and freshly baked spice cake for dessert. Every meal is balanced and there is always plenty. We can accommodate different diets and food restrictions.

ITINERARY

Day 0 - Monday, July 17: Meet crew from Sheri Griffith Expeditions in Moab at 5:00 p.m. (Mountain Standard Time) for a pre-trip orientation. Here you will receive your dry bag (river luggage), learn what to expect and how to prepare, sign release forms, get last minute supplies, and ask questions.

Day 1 - Tuesday, July 18: Meet at our river complex followed by a short drive to the Colorado River and our launch site. Spend the day rafting & hiking. Camp will be on a riverside beach. L, D

Day 2 - Wednesday, July 19: Float deeper into Canyonlands National Park. Rafting & hiking. Camp will be along the river. B, L, D

Days 3 & 4 – Thursday –Friday, July 20-21: Arrive at the Confluence of the Green and Colorado Rivers. Run the rapids of Cataract Canyon for 1- 1 _ days. B, L, D

Day 5 - Saturday, July 22: Motor off the river onto Lake Powell. (Once off the lake you have the option of boarding a charter aircraft for flight over Canyonlands back to Moab, or having your vehicle shuttled to the take out). B, L

TRANSPORTATION and LOGISTICS



It's easy to get here. There are daily flights to Moab from Denver, Colorado and Phoenix, AZ. There are charter flights and land shuttles available from Salt Lake City, Utah and Grand Junction, Colorado.

TRIP INCLUDES

The total trip price includes: Full days on the river; all rafting and safety equipment: rafts and related equipment, dry bags and boxes, lifejackets, kitchen, dining and toilet equipment; an experienced licensed guide in each raft; meals beginning with lunch the first day through lunch the last day; iced coolers on the rafts for personal beverages you bring; water and lemonade available all day, with coffee, teas and juices at camp; land transportation from Moab to the river launch site. *(The total price does not include taxes, user fees or transportation from the take-out point back to Moab -- see COST section below)*

You need to bring clothing, a sleeping bag, pad and tent (Tents, sleeping bags and deluxe pads are available to rent in advance.) A trip packet, including itinerary, detailed packing list, helpful travel hints, area

information and travel insurance brochure, will be mailed upon receipt of the deposit.

COST and RESERVATIONS

The fair market value of the rafting trip is \$890, plus taxes and user fees. The remaining \$100 represents a suggested tax-deductible contribution to The Nature Conservancy.

Initial reservation deposit, payable to Sheri Griffith Expeditions	\$ 250.00
Final payment, payable to Sheri Griffith Expeditions	\$ 640.00
<u>Suggested tax-deductible contribution, payable to The Nature Conservancy</u>	<u>\$ 100.00</u>
Trip Total:	\$ 990.00*

*Note: Taxes and user fees are an additional cost and are estimated at \$90.00. Once off the lake, you have the option of arranging your own transportation home, boarding a charter aircraft for flight over Canyonlands back to Moab, or having your vehicle shuttled to the take out. The cost of the return flight to Moab is \$104.00. The cost to have your vehicle shuttled to the take-out is \$300. *The taxes and user fees, and the costs of the air flight or shuttle are not included in the price of the trip listed above.*

Reservations are made on a first-come, first-serve basis and the trip is limited to 18 participants. The \$ 250 per person non-refundable deposit made payable to Sheri Griffith Expeditions is required to reserve one space on this special expedition. The final payment, due 45 days prior to the trip, should be sent to Sheri Griffith Expeditions, P.O. Box 1324, Moab, Utah 84532. **We request you send your \$100 contribution, made payable to The Nature Conservancy, to 750 Commercial Street, #212, Astoria, Oregon 97103.**

Pre- and post-trip accommodations are available in Moab at:

Moab Valley Inn:

Room w/ 1 King for 1-2 people \$ 80/night + \$ 9.80 tax

Room w/ 2 Queens for 1-4 people \$ 85/night +10.41

Camping is also available in the area.

CANCELLATIONS AND TRANSFERS

Written cancellations received at least forty-five (45) days prior to trip starting date allows for a refund, less the \$250 per person non-refundable portion of the reservation fee. No refunds are allowed on written cancellations received less than forty-five (45) days prior to trip starting date. If you find someone to take your place(s), all fees paid may be credited to your replacement(s). All cancellations must be in writing. The \$100 tax-deductible contribution to The Nature Conservancy is non-refundable, but may be applied to a future trip.

All fees paid may be transferred to a mutually convenient date within the same season if arrangements are made at least forty-five (45) days prior to the original trip starting date. If arrangements are made less than forty-five (45) days prior to the original trip starting date, all fees paid except for the non-refundable portion of your deposit may be transferred to a mutually convenient date within the same season. We recommend that participants purchase trip cancellation insurance. An application for insurance will be included with your information packed from Sheri Griffith Expeditions upon registration.

For More Information

For further information, please contact:

The Nature Conservancy, at 503-325-3896 x303, e-mail oregontrips@tnc.org.
750 Commercial Street, #212, Astoria, Oregon 97103.

Sheri Griffith Expeditions, Inc., P.O. Box 1324, Moab, Utah 84532. Toll-free 800-332-2439
info@griffithexp.com