

Westwater Canyon on the Colorado River

Unleash Your Creative Nature!



PAGE LAMBERT'S *River Writing & Sculpting Journey* FOR WOMEN Only

As featured in Oprah's O Magazine

A once-in-a-lifetime opportunity!

Spend 5 days with Special Guest Artists from the Santa Clara Pueblo
**World-renowned Sculptor Roxanne Swentzell and
Rose B. Simpson, sculptor, writer, and performing artist**
September 1, 2010
\$1299 ~ 5 days & 4 nights

Page Lambert returns to facilitate a 5-day river-writing journey for women in Utah's beautiful Westwater Canyon on the Colorado River. Joining Page as her special guests are two esteemed Santa Clara Pueblo artists. Roxanne Swentzell's sculptures demonstrate an astounding universality, speaking to people of all cultures. Already nationally acclaimed, she is quickly gaining world-wide recognition. Rose Simpson, a rising star in the literary, visual, and performing arts world, is enrolled in the masters program at Rhode Island School of Design. Both are graduates of IAIA in Santa Fe, NM.

This special trip will explore writing and sculpting as complementary forms of creative expression. Whether journaling or writing professionally, an established artist or just beginning, the natural world unleashes powerful creative energy. Personal writing and sculpting time is woven into the moments between floating down the Colorado River, hiking at your leisure, or relaxing on shore. Although this is *not* a workshop, creative discussions about sculpting and writing will take place at the river's edge and continue throughout the day, ending with readings under the stars. "Women rediscover a unique part of themselves in the natural world," Page says, "and we inspire each other in uniquely feminine ways."

For more information, contact SGE or Page directly at: (303) 842-7360 or page@pagelambert.com.



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"Adventure With a Touch of Class"

Enjoy 5 days/ 4 nights on the famous Colorado River through a canyon deemed a favorite of National Geographic. The trip is led by the West's premier outfitter Sheri Griffith Expeditions out of Moab Utah. All the comforts are included and the Sheri Griffith Expeditions women guides are some of the best in the world: fun, talented, professional and inspiring.

Spectacular scenery, a writing and sculpting adventure, and playful whitewater in warm and sunny southern Utah. Isolated from modern civilization, the red cliff walls tower 2000 feet overhead, touching that flawless Western blue sky. Here the famous Colorado River flows freely, undammed and untamed. The first three days are spent floating on calm water, giving us time to explore the creative world of writing and working with clay. Free-flowing writing facilitation allows time to write as the rafts float between canyon walls. We'll stop and hike to scenic lookouts and through secret canyons. The evenings and mornings allow time for journaling, sculpting, enjoying the natural beauty. As we approach the rapids we'll be eager for some whitewater adventure. Campsites on beautiful beaches along the riverbank are remote so we carry with us all the comforts we'll need for our stay in the natural world. Every camp is pristine with only a few footprints of birds, animals or other travelers who pass this way.

Itinerary:

Arrival Day: River orientation is held at 5:00 PM the evening before departure at the SGE office. The creative adventure begins with a "no-host" dinner with Page, Roxanne, and Rose sharing a little about themselves and their art.

DAY 1: We drive to the river, load gear on the rafts and head downstream. Guides prepare a fresh buffet lunch. Camp is on a remote beach with more time to reflect, journal and visit with Page, Roxanne, and Rose about writing and art. The guides prepare a hearty balanced dinner.

DAYS 2 & 3: We have a "layover" camp where we stay in the same camp for 2 nights. There'll be ample time for writing, resting, hiking, swimming, sculpting, journaling, one-on-one sessions with Page, then dinner and the chance to share stories under the stars.

DAY 4: After a hearty breakfast, we push-off. The guides take time to teach you how to enjoy the big rapids safely. Then the fun really begins. The focus is on the rapids, our journals and clay stowed in waterproof boxes for now. Here are the incredible rapids you've heard so much about. After navigating the rapids, we pull off to camp and write about the experience while the emotions are fresh and vibrant.

Day 5: We will view beautiful desert scenery and take on the final rapids. We will then have time to relive the memories as we pull off the river and head back to Moab. We will return to the SGE office between 6:00 PM and 6:30 PM.

***Note: This is an example itinerary and may change due to weather, water level, camp availability etc.**

About Page Lambert

Described in *Inside/Outside Southwest Magazine* as one of the most notable women writers of the contemporary West, Lambert is the author of both fiction and nonfiction books, including the best-selling memoir *In Search of Kinship*. Recipient of the 2009 Orlando Nonfiction Award, her poetry and prose have been featured in 24 anthologies. In 2006, her River Writing Journeys for Women (which she's been leading since 1998) were featured in Oprah's O magazine as "One of the top six great all-girl getaways of the year!" For information on her books, creative adventures, editing, coaching and consulting, please go to www.pagelambert.com, *Connecting People with Nature*, and *Writers with Words*.



About Roxanne Swentzell and Rose Simpson

Focusing on female sculptures which express a full range of emotions, Roxanne hopes to bring back the balance of power between the male and female inherent in her own culture. "I sculpt to reach out to you, hoping to catch a moment of direct connection between your soul and mine." Before the Roxanne Swentzell Tower Gallery opened, people lined up by the dozens at her booth at the Santa Fe Indian Market. (www.roxanneswentzell.net), Rose B. Simpson (www.rosebsimpson.com), graduate student at RISD, pursues the pure expression of truth and connection between the head and the heart through many forms of art including sculpture, printmaking, drawing, creative writing, music, and dance.



Journey Includes:

- Optional one-on-one consultations with Page
- Five unique days with Roxanne and Rose
- Time & activities for writing, rafting, hiking, sculpting, personal time, camaraderie time
- Enough civilization to be comfortable in nature.
- Professional women guides on every raft
- Tents, sleeping bags, pads, writing journals, clay
- All meals prepared for you ~ fresh and healthy